

## MEASURE A PATIENT'S RESPIRATIONS

For use of this form see TC 8-800; the proponent agency is TRADOC.

**TABLE:** II  
**REFERENCE:** STP 8-68W13-SM-TG, Task: 081-831-0010, Measure a Patient's Respirations.

### PRIVACY ACT STATEMENT

**AUTHORITY:** 10 U.S.C. § 3013 Secretary of the Army; AR 350-1, Army Training Leadership and Development.  
**PRINCIPAL PURPOSE:** To ensure that accomplishment of training is properly credited to the correct individual for NREMT certification IAW AR 40-68, AR 220-1 and AR 350-1.  
**ROUTINE USES:** Used by Unit personnel to monitor training. The DOD "Blanket Routine uses" set forth at the beginning of the Army's compilation of system of records notices may apply to this system.  
**DISCLOSURE:** Voluntary. Failure to provide your name may result in a loss of credit for accomplishing the training or error in processing applicable favorable personnel actions. For Official Use Only.

1. **Soldier** (Last Name, First Name, MI) 2. **Date** (YYYYMMDD)

**SCENARIO:**  
 While responding to an emergency call, you encounter a patient with a medical illness or trauma-related injury. During your assessment and management of this patient, you must obtain a baseline set of vital signs. You must demonstrate the techniques for measuring respirations.

### GRADING SHEET

TASK	COMPLETED					
	1ST		2ND		3RD	
	P	F	P	F	P	F
<b>3. Performance Measures</b>						
a. Positioned the patient, seated or lying supine.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. Had the patient remove any overgarments that obstructed the ability to observe the patient's chest rise and fall with each breath.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. Observed the rise and fall of the patient's chest as they breathe. Each cycle of inhalation and exhalation equates to one respiration.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d. Counted the number of respirations (rate) in a 30-second period and multiplied times two. EVALUATOR: If the patient is demonstrating an irregular breathing pattern, the Soldier Medic must measure the number of respirations for a full 60 seconds.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e. Evaluated the depth of the respirations ( <i>unlabored, shallow, labored</i> ).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
f. Evaluated the quality( <i>character</i> ) of the respirations ( <i>normal, noisy, etc.</i> ).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
g. Documented the respiration rate, depth, and quality and the time obtained on the appropriate medical form.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
h. Reported any abnormal respirations.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**4. Demonstrated Proficiency**      Yes       No

<b>5. Start Time</b>	<b>6. Stop Time</b>	<b>7. Initial Evaluator</b>
<b>8. Start Time</b>	<b>9. Stop Time</b>	<b>10. Retest Evaluator</b>
<b>11. Start Time</b>	<b>12. Stop Time</b>	<b>13. Final Evaluator</b>

**14. Evaluator's Comments**

This form was prepared by U.S. Government employees for use in the 68W MOS. Although it contains, in part, copyrighted material from National Registry of Emergency Medical Technicians, Inc. (NREMT), skill sheets ©2011, this form has neither been prepared nor approved by NREMT. Use is restricted to guidelines contained in the Preface to TC 8-800.